



Hands of Freedom®
Embrace / Equip / Empower



Photo Credits: Luke Boney/HOPE International

Hands of Freedom is a registered 501(c)3 nonprofit organization focused on helping the poor of India through micro-lending, fresh water projects, education and savings groups. We work with those relegated to the bottom rung of society to transform their lives, long-term.



THE POOR OF INDIA

- Most live in communities without basic infrastructure
- Water, housing, plumbing and education present challenges
- Women and children are vulnerable to human trafficking
- Forced labor, prostitution and unequal protection are major issues
- Individuals are robbed of basic hope and self-worth

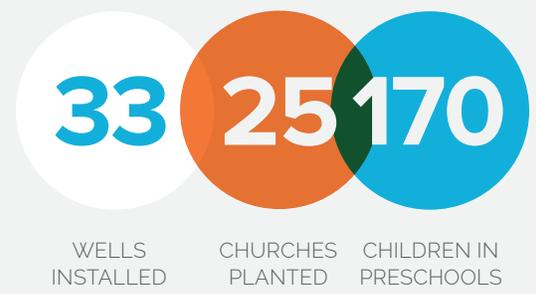


MISSION

Hands of Freedom exists to be Christ's light to those living in spiritual darkness with a goal to guide them towards a relationship with the Lord Jesus Christ and to operate in a new identity in Christ.

VALUES

Faith | Integrity | Excellence | Empowerment



HOW WE'RE HELPING THE POOR OF INDIA

CHURCH PLANTING

Churches play a critical role as the hub of spiritual, economic and social development. Each new church we plant helps develop leadership skills in both pastors and members, provides spiritual assistance to those in need and serves as the nucleus of economic activity in the area.

EDUCATION

Education provides a path to a brighter future. Hands of Freedom launches schools that provide what is often the first, and perhaps only chance, for some children to receive an education and escape a life of poverty.

WATER PROJECTS

A community water solution not only reduces disease and death, it also allows women to earn income by freeing up hours each day previously spent transporting water. Hands of Freedom installs wells and other water projects sponsored by individuals, families, churches and other organizations. Once the water solution is installed, any remaining funds go toward community support including mentoring, school supplies, and vocational training.

SAVINGS GROUPS

After learning a trade or skill, Hands of Freedom places each woman in a savings group. These groups teach women how to save and manage money, and just as important, provide a support network. In times of need or when starting a new business, a woman may borrow from her savings group at a reasonable interest rate, keeping her and her family safe from loan sharks and potential human trafficking.

BUSINESS DEVELOPMENT

Hands of Freedom provides business opportunities that make a difference for local people and their communities. Efforts include training, mentoring, and start-up funding. The results? Stabilized families, healthy communities, and long-term security.

LEARN MORE ABOUT WHAT WE DO TO HELP AT handsoffreedom.org

Stories of Freedom: Jaya

Jaya, a Hands of Freedom Saving Group member, is specializing in pickle-making. After being mentored and encouraged by Hands of Freedom, she decided to use her talents in order to start a pickle business. Jaya's



family was struggling to make ends meet and she wanted to help provide for her family. Now, Jaya has built an expertise in pickles. Her business makes different types of tasty pickles such as mango and lemon, as well as vegetables such as bitter melon and carrots. She is able to earn \$250 - \$300 per month, is able to send her children to school, and can provide food for her family. Jaya's customers are mostly saving group

members from the local area but she will soon be expanding her business. She remarks, "Hands of Freedom has seen my talents and empowered me. They have given me a hope and I have experienced God's love through them. I have a reason to believe in myself and am excited to use my God given talents to build a future with God's help".

HOW SUPPORT CHANGES LIVES

Fund school supplies for a child
\$25

Business training for a woman
\$50

Building supplies and labor
\$100

Support a business start-up
\$500

Fund a teacher's salary for a year
\$1,500

Sponsor a village water project
\$3,000

Help construct a Training Center
\$10,000

Hands of Freedom: PO Box 240191, Apple Valley, MN 55124 • www.handsoffreedom.org • 612-564-0111 | Your gift may not directly purchase specific inventory or supplies but will rather be designated toward Hands of Freedom's work in India.

Board of Directors: Brian Numainville (Chair) • Christi Cossette (Vice-Chair & Treasurer) • Amy Lopez • Quenton Marty • Maja Numainville • Shea Strickland